

the 1990s, the number of people with a mental health problem has increased in the UK. The prevalence of mental health problems has risen from 10% in 1986 to 15% in 1999 (Mental Health Act 2003). The prevalence of mental health problems has also risen in other countries (Mental Health Act 2003).

The prevalence of mental health problems has risen in the UK because of a number of factors. One of the main reasons is that people are living longer. This means that people are more likely to experience mental health problems in later life. Another reason is that people are more likely to seek help for mental health problems. This means that more people are being diagnosed with mental health problems.

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